



Covid-19 – Safety Guidelines

Procedures and Guidelines

- Everyone at the rink must adhere to **the 2M social distancing** rule at all times, including on the ice. No contact, body checking or game situation will be allowed. These guidelines were set out by the Fraser Health authorities. ALL coaches are expected to abide by all of these procedures.
- **MASKS are required for everyone passed the Grey doors including all players and they must wear them until they are on the ice -Masks will be available at NHTC**
- **NO BAGS! - PLAYERS MUST ARRIVE AT THE RINK AS WELL AS LEAVE THE RINK FULLY DRESSED**, with the exception of skates that can be put on in the designated dressing room. However, to limit dressing room use, skate guards are encouraged.
- Please come 15 min before your scheduled ice time – **NOT EARLIER!**
- Dressing rooms will be cleaned and sanitized between usage. Each dressing room is limited to 6 players max.
- All coaches will use the Coaches dressing room
- **NO PARENTS** in dressing rooms -unless to assist with skates but masks **MUST** be worn by parents and players until they are on the ice!
- Spitting is strictly prohibited
- Only 1 parent to each player in viewing area – **NO SIBLINGS!!**
- Every athlete must have their own water bottle (**NO SHARING**)
- Showers will not be available for use
- **NO** physical gatherings will be permitted at the hallways, lobby, entrance or outside the front doors under the awning. MEET out in the parking lot.
- **If you are sick (Fever, Runny Nose, Cough) -we ask that you stay home!**
- **Our staff will be visible throughout the rink to impose all of these procedures for the health and safety of everyone at the rink!**